

DAILY ANNOUNCEMENTS – TUESDAY 23RD JANUARY 2024

TO ALL PUPILS

This week's morning assemblies: No assemblies this week

CHOOSE TO LEAD LEVEL 4 SCQF and for the first year Level 5

We are now taking names for young people who would like to be signed up for the Choose to Lead Level 4 SCQF Rated Level 4 programme in partnership with Inverness UHI HLH Youth work team. The Leadership Programme is open to young people aged 12-25 years, and although underpinned by leadership in sport and youth work, the awards can be utilised by young people volunteering in clubs, facilities, and schools. Please see Fraser or Wanda in kitchen 1. Hoodies are awarded as part of the Leadership journey and Saltire Awards.

Christian Union - On Monday, fortnightly from 1:20-2:00 come to Mrs McFarlane's classroom (room 19) to hear about the bible, God and who Jesus really is. The next meeting is Monday 29th January.

Lockers – there are lockers available to hire for £10.00, if you would like a locker please see to Lainy or Rosie.

LEGO CLUB – There will be no LEGO CLUB for the next 2 weeks due to prelim exams.

AFTER SCHOOL ACTIVITIES are back! Fun and friendly sessions to play sports with your friends. Come and join in, all welcome.

Mondays:	Basketball-boys	S3-6	1.30-2 pm	Gym 1
	Dance	S1-6	3.45-4.30 pm	Gym 1
	Football – boys	S1-6	3.45-4.30 pm	Playing Fields (starting 22/1/24)
	Football – girls	S1-6	3.45-4.30 pm	Playing Fields (starting 22/1/24)
Tuesday:	Netball	S1-6	3.45-4.45 pm	Leisure Centre
Wednesday:	Basketball – boys	S3-6	1.30-2 pm	Leisure Centre
	Hockey	S1-3	4-5 pm	Leisure Centre (starting 24/1/24)
Thursday:	Basketball- girls	S1-2	1.30-2 pm	Gym 1
	Rugby – Boys	S1-6	3.45-4.45 pm	Leisure Centre (starting 18/1/24)
	Rugby – Girls	S1-6	3.45-4.45 pm	Leisure Centre (starting 18/1/24)

SCOTTISH SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

The above event will take place on the 6th March near Edinburgh. Anyone wishing to enter should see Mr McIntosh. Please note: this is a high level competition aimed at club athletes, other keen runners will get the opportunity to compete at the North Of Scotland and Ross-shire schools competitions – keep any eye out for more info regarding these.

Ross Sutherland Schools Swimming Gala

The Ross Sutherland Schools Swimming Gala is being held in Golspie on Thursday 29th February 2023, pupils wanting to take part should come to the PE dept to sign up before Friday 26th January. Any questions speak to Miss MacDonald.

Mental health Ambassadors

Our next meeting will be on the 25th of January at lunch time. If any new members are interested in becoming a mental health ambassador or have an interest in promoting positive mental health and wellbeing within the school, please come along to R35 on Thursday, all are welcome. Please also remember to bring your lunch bag.

RNLI Dress Down Day

This Friday (26th January) will be a dress down day. Please bring a £1 donation in, this will go towards the RNLI.'

S4/5/6 Pupils

PRELIM EXAMS S4-6 NOTICE

Prelims are still on. Monday-Thursday, period 6 is extended until the end of period 7 and on Friday period 4 is extended until the end of period 5. Only students sitting exams should leave class at 12.00 pm for an early lunch, if you do not have an exam follow your normal timetable and lunchtimes, attending all classes. Students will stay in class until the end of the day so you should be prepared and bring revision materials/coursework to work on quietly. All students should attend classes as normal as all national courses are now back to full content and assignments and classwork will continue in subjects.

Prelim timetables are on Google reg classrooms, please ensure you know what day your prelims are on and ensure you are prepared. If you miss a prelim please contact your class teacher ASAP to rearrange a time, there is a catch-up day at the end so be prepared for this if needed. No mobile phones, smart watches or pencil cases should be taken into prelim exams. Water bottles should be kept on the floor. If you have any questions about prelims please speak to your class teacher or Mrs Rhynas.

S6 – INTERGENERATIONAL LEADERS

Reminder that intergenerational games is on this Thursday 25th January. We are planning on having lots more activities so please go along on time. If you have a prelim please let Mrs Rhynas know. If you have not helped out before but would like to come along please do, all S6 are welcome.

S3 Pupils

PRELIM EXAMS S1-3 NOTICE

Prelims are still on. During this time all students will remain in their period 6 class until the end of period 7 Monday-Thursday and on Friday stay in your period 4 class for period 5 too.

Prelim exams start before lunch until the end of the day, students should be alert to signs asking you to be quiet and be respectful of those sitting exams over the next 2 weeks. Please move between classes quietly and stay away from areas being used for exams over lunch.

S2 Pupils

PRELIM EXAMS S1-3 NOTICE

Prelims are still on. During this time all students will remain in their period 6 class until the end of period 7 Monday-Thursday and on Friday stay in your period 4 class for period 5 too.

Prelim exams start before lunch until the end of the day, students should be alert to signs asking you to be quiet and be respectful of those sitting exams over the next 2 weeks. Please move between classes quietly and stay away from areas being used for exams over lunch.

S2 (Girls Only) – Thinking of a career in Physics or Engineering? On the 29th Feb the Institute of Physics are running a workshop (Girls into Physics and Engineering) which will highlight career pathways and jobs in this exciting field. If You are interested, can you please come to see Mr Garrod in Rm33 at break time today.

S1 Pupils

PRELIM EXAMS S1-3 NOTICE

Prelim are still on. During this time all students will remain in their period 6 class until the end of period 7 Monday-Thursday and on Friday stay in your period 4 class for period 5 too.

Prelim exams start before lunch until the end of the day, students should be alert to signs asking you to be quiet and be respectful of those sitting exams over the next 2 weeks. Please move between classes quietly and stay away from areas being used for exams over lunch.

Notes: